



**FUNDRAISING GALA DINNER**  
"Healthy Brains - A Key to Future  
Generations in Europe"

16 March 2023 | Steigenberger Wiltcher's | Brussels

**PROGRAMME BOOKLET**



# PLATINUM SPONSOR



KBC is an integrated bank-insurance group, catering mainly for retail, private banking, SME and mid-cap clients. Its core markets are Belgium, the Czech Republic, Slovakia, Hungary and Bulgaria and to a limited extent in several other countries. KBC Group is one of Belgium's major companies and the second largest bancassurer in the country. As of 2020, it is considered as a major financial player in Central and Eastern Europe, employing 41,000 staff and serving 12 million customers worldwide. Through its activities, KBC wants to help their clients to both realise and protect their dreams and projects.



# IN-KIND CONTRIBUTORS



Steigenberger Wiltcher's is the five-star hotel, which impressively combines rich tradition with sleek-modernity. It stands out with special history, unswerving commitment to the highest quality, rich tradition and with its international orientation. The Steigenberger Wiltcher's Hotel welcomes guests in a cozy environment where every detail has been thought out to make the stay an unforgettable experience. Thank to Steigenberger Wiltcher's kind contribution, guests will have the opportunity to win a one-night stay for two people in a Superior Room.





# IN-KIND CONTRIBUTORS

DEPLOY  
LONDON

DEPLOY is a pioneering British circular fashion brand. It was established in London in 2006 and its mission is to 'deploy' the expertise in customisation to make fashion more sustainable; less wasteful. DEPLOY's work concentrates on beautiful, caring, versatile clothes that connect customer's needs with artistry, functionality and sustainability. Thank to its kind contribution, guests will have the opportunity to win a 200£ gift voucher and a personal styling consultation with the expert team.

visit  
.brussels

Embark on an extraordinary experience and rediscover Brussels' gastronomy in the warm and unique atmosphere of a tram as it travels its way through Brussels! For a decade now, the Tram Experience has been delighting your taste buds with its original journeys through some of the capital's most beautiful districts. This year, the six- and seven-course menus that you will enjoy on board have been designed by renowned Brussels chefs. Following the rhythm of the seasons, the great chefs will treat you to some contemporary Belgian cuisine, served with their own special blend of elegance and originality. Gala Dinner's guests will have the opportunity to win a Tram Experience for two.





# IN-KIND CONTRIBUTORS



Dr. Sabina Brennan is an accomplished, inspiring and entertaining, motivational speaker who specialises in translating complex, cutting-edge, neuroscience into everyday language to show how anyone can harness their brain power to navigate challenge, build resilience and optimise performance. Sabina has won her awards in recognition of the societal impact of her work and for her contribution to STEM communication. Sabina kindly donated for a raffle her bestsellers "Beating Brain Fog", "100 Days to a Younger Brain", as well as newly published "Brain Gym: 40 Workouts to Boost Your Brain Health".





# PROGRAMME

18:30-19:30



## WELCOME RECEPTION

Opening address by Prof. Patrice Boyer, Chair of EBF

*Guests invited to take their seats, first course served*

20:15-20:30



## KEYNOTE ADDRESS

Dr. Sabina Brennan, Writer, Psychologist and Neuroscientist,  
Trinity College Dublin

*Main course served*

21:00-21:30

## IN CONVERSATION WITH



Dr. Megan Carey, Group Leader in the Neuroscience  
Programme, Champalimaud Center



Prof. Dr. Andreas Meyer-Lindenberg, Director & CEO,  
Central Institute of Mental Health



Dr. Andrzej Ryś, Principal Scientific Adviser at DG SANTE

*Dessert and coffee served*

22:00-22:30



## CONCLUDING ADDRESS

Announcement of the raffle winners, musical performance  
and closing remarks by Ms. Audrey Craven,  
Vice-Chair of EBF



# SPEAKER BIOGRAPHIES



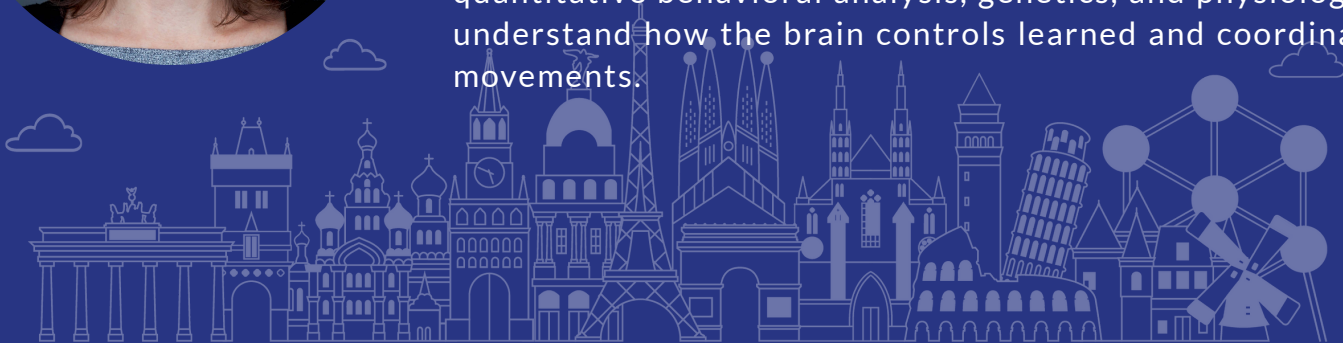
Prof. Patrice Boyer is Chair of the EBF, the immediate past vice-president of the European Brain Council (EBC) and a past President of the European Psychiatric Association (EPA). He is Honorary Professor of Neurosciences and Psychiatry at the University Paris-Diderot (France) and Professor of Psychiatry and post graduate studies (geographical) at the University of Ottawa, Ontario, Canada. He is the founding editor of the journal *European Psychiatry*, and a member of the International Scientific Advisory Board of the main foundation for research in neurosciences and psychiatry in France (Fondamental).



Neuroscientist and health psychologist Dr. Sabina Brennan is an accomplished, inspiring and entertaining, motivational speaker who specialises in translating complex, cutting-edge, neuroscience into everyday language to show how anyone can harness their brain power to navigate challenge, build resilience and optimise performance. Sabina's mission to get everyone looking after their brain health as routinely as they brush their teeth has won her awards in recognition of the societal impact of her work and for her contribution to STEM communication.



Dr. Megan Carey is a Group Leader in the Neuroscience Program at the Champalimaud Center for the Unknown in Lisbon, Portugal. She received her PhD in 2005 from the University of California, San Francisco, where her thesis was awarded UCSF's Krevans Distinguished Dissertation Award. After a Helen Hay Whitney Postdoctoral Fellowship at Harvard Medical School, Dr. Carey started her independent laboratory at the Champalimaud. Her lab combines quantitative behavioral analysis, genetics, and physiology to understand how the brain controls learned and coordinated movements.







# SPEAKER BIOGRAPHIES



Prof. Meyer-Lindenberg is Director of the Central Institute of Mental Health and Head of the Executive Board, as well as the Medical Director of the Department of Psychiatry and Psychotherapy at the Institute, based in Mannheim, Germany, and Professor and Chairman of Psychiatry and Psychotherapy at the University of Heidelberg in Heidelberg, Germany. He is board certified in psychiatry, psychotherapy, and neurology. He is also the author of more than 480 peer-reviewed articles and book chapters.



Dr. Andrzej Ryś is a medical doctor specialised in radiology and public health, graduated from Jagiellonian University, Kraków, Poland. He served as Deputy Minister of Health in Poland where he developed a new system of emergency medical service and reformed the education system for the health professionals. From 2011 to September 2022, Dr. Andrzej Ryś was the Director responsible for Health Systems, Medical Products and Innovation in DG SANTE, in the European Commission in Brussels, Belgium, where he is now Principal Scientific Adviser since 1 October 2022.



Audrey Craven is the Vice Chair of the EBF, the founder and president of the Migraine Association of Ireland (MAI) and an internationally acknowledged patient advocate for migraine. Audrey, a lifelong migraineur, is committed to sharing hard-won experience of migraine self-management in the hope of improving quality of life for all those affected. She is the past president of both the European Migraine and Headache Alliance (EMHA) and the European Federation of Neurological Associations (EFNA).





# ABOUT THE VENUE & ARTISTS



**Steigenberger Wiltcher's**  
71 Avenue Louise, 1050 Brussels  
Belgium

Nestled in the exclusive district on the most prestigious Avenue Louise, the Wiltcher's invites you to its beautiful venue. Its unique blend of sophistication, history, and warmth makes the Steigenberger Wiltcher's the ideal place for a quintessentially Belgian experience.



**AvaStreet**

AvaStreet is a Brussels Musical Band formed by musicians from the Royal Conservatoire of Brussels – Jazz and Classical sections. Its rich and varied repertoire crosses genres and styles of different kinds of music, skillfully mixing Jazz and Bossa standards, together with rock, soul and pop covers. The ensemble reinvents the colors of each piece, mixing the poetic flourish of singer with the improvisations of the pianist.

